

SENSATIONAL SIMPLE RASPBERRY SMOOTHIES

Three simple ingredients and a whisk will create a colorful, flavorful, kid-favorite, grab-and-go breakfast item. The sweet-tart flavor of frozen red raspberry puree will add an intense color and bright flavor to a variety of fruit smoothies.

One 1 cup serving provides ½ cup fruit and 1 ounce equivalent meat/meat alternate

INGREDIENTS

32 SERVINGS

RASPBERRY PINEAPPLE SMOOTHIE

Washington Red Raspberry puree	4 pounds
Pineapple juice	2 quarts
Vanilla yogurt	4 quarts

RASPBERRY APPLE SMOOTHIE

Washington Red Raspberry puree	4 pounds
Applesauce	2 quarts
Vanilla yogurt	4 quarts

RASPBERRY PEACH SMOOTHIE

Washington Red Raspberry puree	4 pounds
Peach, Puree (or pureed canned peaches)	2 quarts
Vanilla yogurt	4 quarts

Optional presentation: Layer yogurt, peach puree and raspberry puree for a sunrise smoothie.

DIRECTIONS

1. Add three ingredients to a mixing bowl.
2. Whisk until all ingredients are thoroughly incorporated.
3. Pour into 9-ounce plastic cups. Cover. Serve chilled.

