

# RED RAZZ FLAVOR GUIDE

*“Raspberries have an amazing color and a sweet-tart flavor that is so appealing.”*

Chef Garrett Berdan

*“We serve a very diverse population here. We like to introduce different and new flavors to our students that they may not be getting elsewhere. Frozen red raspberries work well on our menu.”*

Chef Rebecca Polson

## FLAVOR GUIDE

Washington Red Raspberries partner equally well with with **smoky, piquant, sweet,** and **umami** flavors. The raspberry's singular flavor, aroma, brightness, and color make it an essential ingredient for many dishes, from entrees to side dishes to sweet treats!



The Washington Red Raspberry is not just a fruit, it is a distinct flavor that is available in several forms and works well in sweet and savory dishes. The sweet and tart flavors of red raspberries make them truly versatile from a culinary standpoint. Red raspberries elevate any dish and add a vibrant flavor and color to foods.

School chefs select red raspberries for many reasons: the unique aroma, an extraordinary depth of berry flavor and a vibrant fruit acidity. Chefs add acid to brighten flavor and balance the sweet and savory flavors in a dish. Red raspberries naturally add acid to the flavor profile and complement more robust flavors, such as jalapeno (ex. raspberry salsa) or chili. The red raspberry's singular flavor, aroma, brightness and color make it an essential ingredient for meats, grains and vegetables, dairy and desserts!

## WHAT GOES WELL WITH RASPBERRIES?

The red raspberry's sweet-tart flavor partners well with many other foods and flavorings. Try some of these combinations.

### HERBS AND SPICES

Cinnamon  
Clove  
Ginger  
Mint  
Star anise  
Vanilla

### OTHER FRUITS

Apples  
Blueberries  
Citrus  
Lemon  
Mangoes  
Peaches  
Pears  
Strawberries  
Watermelon

### VEGETABLES

Beets  
Carrots  
Grilled vegetables  
Onions  
Spinach  
Tomatoes  
Winter squash

### MEATS/MEAT ALTERNATES

Almonds  
Chicken  
Fish  
Peanuts  
Pecans  
Pork  
Winter squash

### GRAINS

Brown rice  
Bulgur  
Oats  
Quinoa

### DAIRY

Ricotta cheese  
Vanilla yogurt

### FLAVORINGS

Chocolate  
Honey  
Vanilla