Raspberry Gel

Recipe created by Melissa Fritz of CIA



Total Formula		
IQF Raspberries	85 g	
Raspberry Puree	170 g	
Simple Syrup	50 g	
Agar Agar	2 g	

- 1. Mix the IQF Raspberries with puree.
- 2. Combine with the simple syrup and agar agar with the puree; bring to a boil.
- 3. Strain through a chinois, then chill.
- 4. Mix the gel with an immersion blender to smooth before using.

Raspberry Coulis

Recipe created by Melissa Fritz of CIA



Total Formula		
Raspberry Puree	250 g	
Simple Syrup	30 g	
Lime Juice	5 g	

- 1. Combine the ingredients and mix well.
- 2. Adjust sweetness and acidity as desired.

Raspberry Tuile

Recipe created by Melissa Fritz of CIA



Total Formula		
Unsalted Butter	100 g	
Glucose Syrup	50 g	
Raspberry Puree	30 g	
Granulated Sugar	150 g	
All Purpose Flour	10 g	
Dehydrated Raspberry Powder	5 g	
Apple Pectin	2.5 g	

- 1. Pre-heat the oven to 320° F.
- 2. Combine the butter, glucose, and raspberry puree, stirring constantly over medium heat until dissolved.
- 3. Add the remaining ingredients and stir combine.
- 4. Spread the batter over a stencil onto a silicone mat.
- 5. Bake until done, about 10-minutes.
- 6. Allow tuiles to cool and store in an air-tight container.

Raspberry Paper

Recipe created by Melissa Fritz of CIA



Total Formula		
Raspberry Puree	100 g	
Methylcellulose F50	10 g	
Granulated Sugar	35 g	

- 1. Set oven to 250° F.
- 2. Place the ingredients in a pot and bring to a boil, while stirring.
- 3. Strain through a chinoise.
- 4. Spread the mixture on a silpat mat.
- 5. Bake 20-30 minutes.
- 6. Cool and break into pieces.
- 7. Keep sealed in an air-tight container.

Raspberry-Hibiscus Sorbet

Recipe created by Melissa Fritz of CIA



Total Formula		
Hibiscus Flowers, dried	40 g	
Water	227 g	
Granulated Sugar	227 g	
Raspberries, IQF	450 g	
Granulated Sugar	113 g	
Honey	14 g	

Hibiscus Syrup Process:

- 1. Place hibiscus flowers and water in a saucepan; bring to a boil over high.
- 2. Remove from heat; cover and let steep for 30 minutes.
- 3. Strain the mixture, discarding the flowers and reserving the infused liquid.
- 4. Add the first (227 g) of sugar to the warm syrup; stir until dissolved.

Raspberry Puree Process:

- 1. Combine IQF raspberries and 113 g of sugar in a medium saucepan.
- 2. Cook over medium-low, stirring often until just simmering and the sugar has dissolved.
- 3. Cool the mixture to room temperature, then process in a blender until smooth.
- 4. Strain mixture through a chinois.
- 5. Combine the hibiscus syrup with the cooled raspberry puree.
- 6. Strain through a chinoise.
- 7. Refrigerate until ready to process in an ice cream machine.
- 8. Freeze two hours before serving.

Hibiscus and Ginger Goat's Milk Panna Cotta

Recipe created by Melissa Fritz of CIA



Total Formula		
Heavy Cream	500 g	
Goat's Milk	170 g	
Hibiscus Flower, dried	20 g	
Ginger, fresh, peeled, sliced	23 g	
Lime Skin, peeled and torched	1 each	
Honey	60 g	
Granulated Sugar	45 g	
Raspberry Powder	1 g	
Gelatin, bronze	12 g	
Crème Fraiche	23 g	

- 1. Combine all the ingredients except for the gelatin and the crème fraiche.
- 2. Bring just to a simmer over medium heat.
- 3. Allow the flavors to infuse for 30 minutes.
- 4. Bring the mixture just back to a simmer; whisk in the gelatin and crème fraiche.
- 5. Strain the mixture through a chinois and chill on an ice bath.
- 6. Pour into molds; allow to sit until set.